

Supporting our people through everyday life

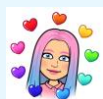
# NEWSLETTER

## 2020

EST 1980



**POINT HOUSE**  
That cares for you



### January 2020

January is always a busy month for us after Christmas. We had a lovely disco on Saturday 4<sup>th</sup>, dancing, and food, we all enjoyed this very much ♥ we have also done lots of Activities ♥ our hairdresser Sinead came to do lovely haircuts. Shopping and lunch in the city ♥ pantomime ♥ – all health checks cinema trips 3 times ♥ aviation museum visit ♥ beauty treatments outside ♥ keep fit classes ♥ relaxing reiki sessions ♥ games ♥ movie nights ♥ Reiki classes ♥

### February 2020

We have had the main lounge painted cream and green, and a new doorway made. We have had several trips to the cinema ♥ shopping events ♥ and other outings with staff ♥ keep fit classes. We have been doing cooking and revising some of our menus

### March 2020

Every Tuesday evening, we go to phab club. We are Planning what we are going to do for summer .

Government guidance (issued 16 March 2020) asks that there should be no **non-essential visiting** for care home residents.

♥ **Monday 23<sup>rd</sup> LOCKDOWN covid-19**

### April 2020

Cooking classes weekly ♥ my weekly achievements booklets for clients ♥ to write in about what they do daily ♥ nice things ♥ their feelings ♥ write poems if they wish



The manager is a qualified Reiki healer 靈氣 We have reiki relaxing sessions twice a week. When weather is warm, we have sessions in the



**Family Friendly Workers**

Dear family & friends of our clients here at Point House .

We would like to take this opportunity to thank you all for staying safe, and not coming to see your family member. Whilst we understand this may be a hard thing to do, it is very much appreciated by all of us. We are all working together to keep all our family friendly workers & clients safe.

Keeping in touch - what's happening at Point House.

Some of you are already aware that we have a Facebook page to show some of the things we do, and what is going on. This page is for us to share things with you, families & friends.

Please visit our Facebook ' Point House Residential Care Home '.

Another way to keep in touch with us is by calling on 07704278579, this mobile number is available during the following hours: Monday to Thursday 11.00am to 3.00pm,

we can also do WhatsApp - you can video call your loved one, send us a message, all we need is a message from you with your name, and we will do the rest.



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BBQ in the garden ♥ games outside ♥ games inside ♥ art and crafts

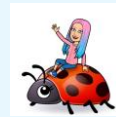
May 2020

Bunting making ♥ for our garden – we have made a bug box, check our Facebook page

## Featured Box



Facebook



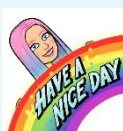
*a bugs life*

Our next plans are .....

We are going to paint the walls outside , making a tree of life, watch this space

We are keeping as busy as we can and playing lots of games and quizzes etc. with prizes & gifts for our clients. If you or anyone you know would like to donate anything to our clients as prizes, please just call us and leave them in our foyer area - thank you.

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Go safe  
Move safe  
Leave safe  
Home safe



*stay safe*

*love from Point House* ♥

Family Friendly Workers